

Original Article

Asian Pacific Journal of Tropical Medicine

journal homepage: www.apjtm.org



doi: 10.4103/1995-7645.261287

Impact factor: 1.77

Optimized combinations of statins and azoles against *Acanthamoeba* trophozoites and cysts *in vitro*

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ARTICLE INFO

Article history:

Received 13 November 2018

Received 13 May 2019

Accepted 10 June 2019

Available online 27 June 2019

Keywords:

Keratitis

Voriconazole

Posaconazole

Atorvastatin

Fluvastatin

Simvastatin

ABSTRACT

Objective: To evaluate the combination of several statins (atorvastatin, fluvastatin and simvastatin) and azoles (voriconazole, posaconazole and itraconazole) against *Acanthamoeba* spp.

Methods: The efficiency of the different drug combinations against the trophozoite stage of different *Acanthamoeba* strains were evaluated by Alamar Blue assay. Effect on the cyst stage was observed by inverted microscope. Cytotoxicity of combinations of azoles and statins was evaluated by measuring the release of lactate dehydrogenase from a murine macrophage cell line.

Results: Combinations of any of the tested statins and voriconazole or posaconazole were more efficient in inhibiting *Acanthamoeba* compared to statins or azoles individually. The drug combinations at the combined inhibitory concentrations 50% showed lower toxicity compared to that of the compounds alone.

Conclusions: The combinations of statins together with voriconazole and posaconazole are more efficient than these drugs alone, and these combinations have lower cytotoxicity in mammalian cell lines.

1. Introduction

Among several genera of free-living Amoeboae, *Acanthamoeba* genus are responsible for different diseases such as *Acanthamoeba keratitis*, a sight-threatening ulceration of the cornea, granulomatous amoebic encephalitis and various disseminated infections (mostly

cutaneous)[1,2]. Current therapy against *Acanthamoeba keratitis* is based on topical applications of antimicrobials including various combinations of propamidine isethionate and neomycin or biguanides[1,2]. However, *Acanthamoeba* can form a double wall cyst stage, which is highly resistant to external agents including those mentioned above that significantly complicates therapy[3].

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Foundation project: This work was supported by the grants Red de Investigación Colaborativa en Enfermedades Tropicales RICET (project no. RD16/0027/0001 of the programme of Redes Temáticas de Investigación Cooperativa, FIS), Spanish Ministry of Health, Madrid, Spain and PI13/00490 "Protozoosis Emergentes por Amebas de Vida Libre: Aislamiento, Caracterización, Nuevas Aproximaciones Terapéuticas y Traslación Clínica de los Resultados" from the Instituto de Salud Carlos III. IS and ALA were supported by the Agustín de Betancourt Programme. JEP was supported by Ayudas Plan Propio de la Universidad de La Laguna 2018 (proyectos puente I+D+i).

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How to cite this article: Sifaoui I, Martín-Navarro CM, López-Arencibia A, Reyes-Batlle M, Valladares B, Piñero JE, et al. Optimized combinations of statins and azoles against *Acanthamoeba* trophozoites and cysts *in vitro*. Asian Pac J Trop Med 2019; 12(6): 283-287.

This means that there is an urgent to discover drugs and drug regimens that are active against both trophozoites and cysts of *Acanthamoeba*[1,2,4-6].

Statins are hypolipidemic agents widely used to lower the cholesterol levels and to prevent atherosclerotic cardiovascular disease[7]. Our previous studies have also demonstrated the *in vitro* efficacy of statins against *Acanthamoeba* trophozoites and cysts, indicating them as a novel effective therapeutic approach against these pathogens[5]. Another agent which has shown high activity against both trophozoites and cysts of *Acanthamoeba* is voriconazole[6,8]. Voriconazole belongs to the triazole family which has been shown to inhibit 14- α -demethylase resulting in the reduced production of ergosterol in *Acanthamoeba*[9]. Ergosterol and 7-dehydrostigmasterol have been reported as the major sterols presented in *Acanthamoeba*[10,11]. The high efficacy of voriconazole against *Acanthamoeba* strains *in vitro* and in clinical cases has been reported in previous studies[6,8,12]. Other members of the family of triazoles that have been used as antifungals are posaconazole and itraconazole. Posaconazole has been previously reported to have a wide microbial activity spectrum and has recently been evaluated against *Acanthamoeba* cysts *in vitro*[9,13]. Although itraconazole has been included in successful treatment combinations against skin lesions caused by *Acanthamoeba*, it is reported to be less active compared to other azoles[3,14]. In many cases, combinations of therapeutic drugs are found to be more efficient than the individually applied drugs. In the case of *Acanthamoeba*, this phenomenon has been demonstrated recently using combination of biguanides[4].

Although the activity of statins and triazoles has been already described against *Acanthamoeba* strains, they have not been tested in combination. In the present study, combinations of these molecules were tested for their amoebicidal and cysticidal activity as well as for their cytotoxicity in a mammalian cell line. We report that these drugs are more efficient in combination, which suggests a better approach for the treatment of *Acanthamoeba* infections.

2. Materials and methods

2.1. *Acanthamoeba* strains

We have used 3 *Acanthamoeba* isolates in this study. One type strain

Acanthamoeba castellanii Neff (ATCC 30010, genotype T4) and 2 clinical strains previously isolated by our group CLC-16 (genotype T3), and CLC-51.1 (genotype T1)[15]. All strains were cultured axenically at room temperature in Peptone Yeast Extract Glucose Broth (PYG) medium supplemented with 40 μ g/mL gentamicin (Sigma-Aldrich Chemistry Ltd., Madrid, Spain).

2.2. Chemicals

Posaconazole and voriconazole were purchased from Sigma-Aldrich Chemistry Ltd. (Madrid, Spain) and itraconazole was purchased from the Cayman Chemical Company (Vitro, Madrid, Spain). Simvastatin, atorvastatin, and fluvastatin were purchased from the Cayman Chemical Company (Ann Arbor, MI, US).

2.3. Activity assays

The anti-*Acanthamoeba* activities of the drugs were determined by the AlamarBlue® assay, as previously described[15,16]. Briefly, 50 μ L of *Acanthamoeba* trophozoite cells (10^4 cells/mL) were seeded in 96-well microtiter plates. Amoebae were allowed to adhere for 15 min and 50 μ L of different dilutions of the drugs. Finally, 10 μ L of the Alamar Blue Assay Reagent (Bioresource, Europe, Nivelles, Belgium) to each well. Plates were then incubated for 120 h at 28 °C with slight agitation and were measured using an EnSpire® Multimode Plate Reader (Perkin Elmer, Madrid, Spain). A test wavelength of 570 nm and a reference wavelength of 630 nm were used. Inhibitory concentration 50% (IC₅₀) and inhibitory concentration 90% (IC₉₀) were calculated by non-linear regression analysis with 95% confidence limits. The IC₅₀s of each drug alone were calculated and drug combinations were then tested at various concentration to determine the lowest IC₅₀s of each drug combination.

2.4. Evaluation of the cysticidal activity of posaconazole

The effects of posaconazole against cysts were evaluated against the 3 strains of *Acanthamoeba*. Mature cysts were prepared as previously described[17]. Briefly, trophozoites were transferred from PYG medium to Neff's encystment medium where they were cultured for a week under slight agitation to obtain mature cysts.

Table 1. IC₅₀ and IC₉₀ values of posaconazole against different strains of *Acanthamoeba* measured by Alamar blue assay after 96 h (μ M).

Drugs	Ac Neff		CLC-16		CLC-51.1	
	IC ₅₀	IC ₉₀	IC ₅₀	IC ₉₀	IC ₅₀	IC ₉₀
Atorvastatin	15.12±2.19	41.09±0.01	33.34±2.64	78.66±5.85	26.63±1.20	49.76±1.81
Fluvastatin	9.19±0.98	20.70±2.15	54.64±2.69	105.40±5.34	16.50±1.03	32.86±5.18
Simvastatin	10.24±1.09	21.37±1.51	31.44±2.06	63.55±4.15	39.73±4.34	84.16±8.23
Voriconazole	13.14±0.69	30.43±1.32	21.93±5.87	44.18±11.46	13.31±1.69	30.01±3.93
Posaconazole	3.03±0.32	5.78±0.02	2.56±0.28	16.53±1.49	7.50±0.39	23.53±1.35
Itraconazole	59.32±0.78	196.65±13.32	75.45±4.15	151.62±6.11	113.73±10.80	219.09±11.22

Data were expressed as mean±SD.

After that, the cells were harvested and washed twice with PYG medium. A concentration of 10^4 cysts/mL was transferred to plates containing fresh PYG medium and incubated with posaconazole at the previously calculated IC_{50} s and IC_{90} s. During a week, the number of trophozoites, cysts, and non-viable were counted in a Neubauer counting chamber each 24 h, as previously described by Martín-Navarro *et al*[5,6]. A negative control including only mature cysts in Neff's encystment medium was included to the experiments. After 7 d of incubation, the supernatant was replaced with fresh PYG medium and the cultures were observed for a second week to confirm the cysticidal activity.

2.5. Cytotoxicity evaluation

The murine macrophages cell line (ATCC TIB-67) was used to measure the cytotoxicity of the drugs individually and in combinations. This assay was evaluated by the measure of the release of lactate dehydrogenase by cytotoxicity detection kit (Roche Applied Science, Barcelona, Spain) according to the manufacturer's instructions. Cytotoxicity less than 10% was considered as being non-cytotoxic, levels between 10%-25%, low toxicity, levels between 25%-40%, medium toxicity and higher than 40%, highly cytotoxic. The results were compared by one-way ANOVA using Sigma Plot 12.0 software (Systat Software Inc., London, UK)[2,18].

2.6. Statistical analysis

All experiments were performed 3 times each in duplicate. Data were analysed using ANOVA, multiple post hoc analysis, Tukey's test and a paired two-tailed *t*-test and $P < 0.05$ were considered significant. Statistical analysis was done with the Sigma Plot 12.0 software program (Systat Software Inc., London, UK).

3. Results

All of the 3 *Acanthamoeba* strains tested were found to be sensitive to the statins (Table 1), but the activity of itraconazole was low and this drug was not used in further experiments. All combinations of statins and voriconazole and posaconazole were active against the strains of *Acanthamoeba*. However, the different drugs combined, produced lower IC_{50} s compared to that of the molecules alone (Table 2 and Table 3).

The cysticidal activity of posaconazole was also evaluated and was found to reduce the viability of all 3 strains. The IC_{50} and IC_{90} of posaconazole for cysts was calculated (Figure 1). No cysts was able to revert into trophozoites after 168 h.

Simvastatin IC_{50} (S50), posaconazole IC_{50} (P50), voriconazole IC_{50} (V50) and the following combinations of molecules: posaconazole and atorvastatin (P+A), posaconazole and fluvastatin (P+F), posaconazole and simvastatin (P+S), and voriconazole with atorvastatin, fluvastatin and simvastatin (V+A, V+F and V+S) did not induce cytotoxicity against macrophages. Whereas in the case of atorvastatin IC_{50} and IC_{90} (A50 and A90), fluvastatin IC_{50} and IC_{90} (F50 and F90), posaconazole IC_{90} (P90) and voriconazole IC_{90} (V90), low cytotoxicity values against macrophages were observed. Furthermore, moderate toxicity was shown in the case of cells incubated with simvastatin IC_{90} (S90). Amphotericin B IC_{90} (Amp B 90) and chlorhexidine IC_{90} (Chx90) induced high levels of toxicity in the tested cell line (Figure 2). The statistical analysis revealed significant differences ($P < 0.001$) in the cytotoxicity produced by the reference drugs (IC_{90} of Chx and AnfB) and all treatments, excepting in the comparison between Chx90 and S90 (Figure 2).

Table 2. IC_{50} values of atorvastatin, fluvastatin, simvastatin alone or in combination with voriconazole at a concentration corresponding to the IC_{50} for each of the three strains of *Acanthamoeba* after 96 h (μ M).

Strains	V+A	A	V+F	F	V+S	V
AcNeff	1.63±0.11***	1.71±0.13	1.00±0.09***	0.97±0.09	0.97±0.07	1.00±0.03***
CLC-16	8.96±0.89***	12.50±1.24	4.18±0.34***	3.88±0.32	7.08±0.15	7.67±0.20***
CLC-51.1	6.50±0.20***	9.09±0.27	6.98±0.09***	6.52±0.09	5.65±0.18	6.07±0.20***

A: atorvastatin, F: fluvastatin, S: simvastatin, V: voriconazole. The combined IC_{50} was measured by Alamar blue assay after 96 h (mean±SD). *** $P < 0.001$ significant differences comparing IC_{50} of combined drugs with the IC_{50} of voriconazole, fluvastatin, simvastatin alone. All the values correspond to the concentration of each drug in the mixture able to reduce by 50% the cells proliferation.

Table 3. IC_{50} values of atorvastatin, fluvastatin, and simvastatin alone or in combination with posaconazole at a concentration corresponding to the IC_{50} for each of the three strains of *Acanthamoeba* after 96 h (mM).

Strains	P+A	A	P+F	F	P+S	S
AcNeff	0.65±0.04***	1.79±0.27	2.27±0.15***	6.05±0.41	2.17±0.09***	5.79±0.24
CLC-16	3.75±0.40***	14.09±1.60	0.62±0.04***	1.66±0.11	3.00±0.20	8.01±0.54
CLC-51.1	2.04±0.03***	8.17±0.13	2.23±0.17***	5.94±0.45	1.78±0.09***	4.76±0.24

A: atorvastatin, F: fluvastatin, S: simvastatin, P: posaconazole. The combined IC_{50} was measured by Alamar blue assay after 96 h (Mean±SD). *** $P < 0.001$ significant differences comparing IC_{50} of combined drugs with the IC_{50} of posaconazole, fluvastatin, simvastatin alone. All the values correspond to the concentration of each drug in the mixture able to reduce by 50% the cells proliferation.

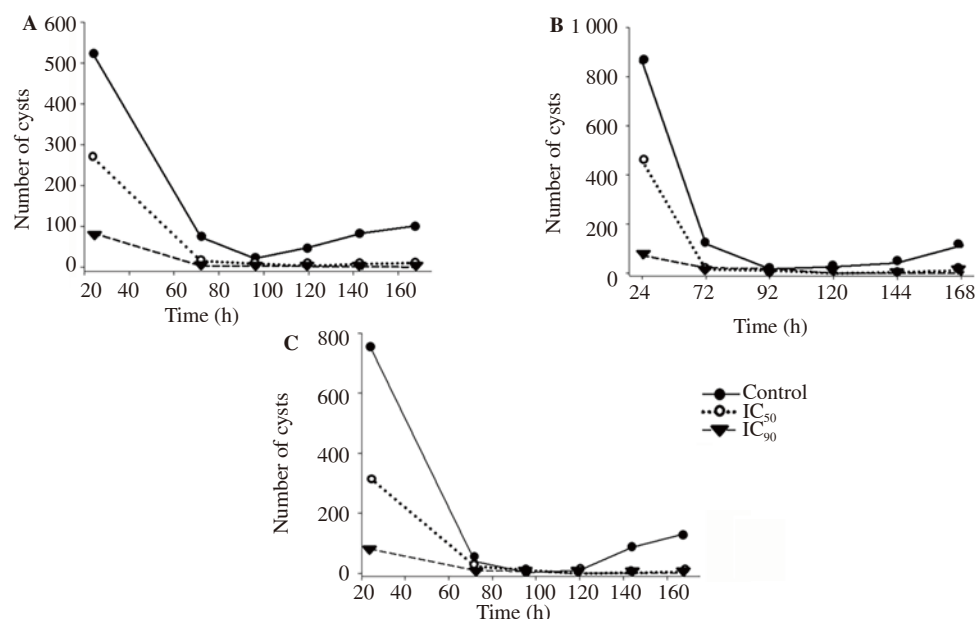


Figure 1. Number of cysts when they were incubated with posaconazole with previously calculated IC₅₀ and IC₉₀ in PYG medium of Ac Neff (A), CLC-16 (B) and CLC-51.1 (C). Cysts were not viable after incubation with this drug, since amoebae were not able to excyst. Moreover, the number of cysts decreased with time and became non-viable cells.

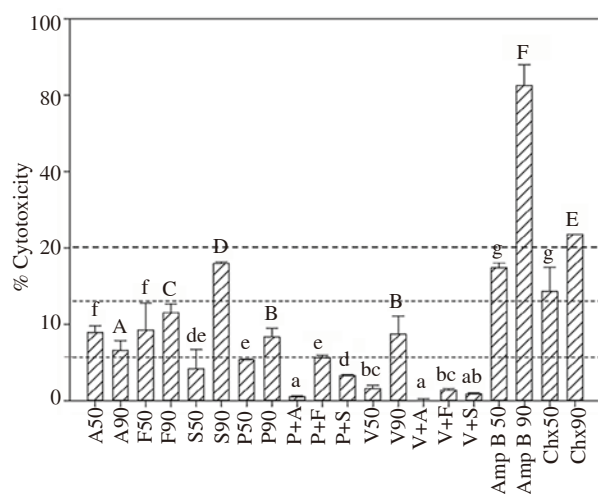


Figure 2. Cytotoxicity of atorvastatin (A), fluvastatin (F), simvastatin (S), posaconazole (P), voriconazole (V), amphotericin B (Amp B) and chlorhexidine (Chx) at IC₅₀ and IC₉₀ as well as the combination between azoles and statins produced in murine macrophages. S50, P50, V50 and the combinations of P+A, P+F, P+S, V+A, V+F and V+S were not cytotoxic against macrophages compared with the references drugs used; AmpB 90 and Chx90 showed high levels of cytotoxicity against macrophages. The cytotoxicity values showed significant differences with the cytotoxicity produced by chlorhexidine and amphotericin B. A-g: Different small letters represent statistically different results within the IC₅₀ toxicity towards macrophages with $P < 0.05$; A-F: Different capital letters represent statistically different results within the IC₉₀ toxicity towards macrophages with $P < 0.05$.

4. Discussion

Drugs are often combined for their synergize activities to increase their therapeutic potency. There are many instances where this applies (e.g. HIV therapy) and this has also been found with *Acanthamoeba*, where polyhexamethylene biguanide combined effectively with chlorhexidine[4]. This has also been found with various other drug combinations[19]. It is also an advantage if the cytotoxicity produced by this combination will be the same or even lower than that produced by the individual drugs themselves. Such a decrease in the toxicity has been reported by the combination of PHMB and chlorhexidine on epithelial cells[4].

Statins and voriconazole were used in this study because of their proven amoebicidal and cysticidal activity and their relatively low cytotoxicity. The activity of atorvastatin, fluvastatin, simvastatin and voriconazole against *Acanthamoeba* was previously evaluated by our group[5,6,8,16]. These *in vitro* results can be compared with *in vivo* experiment where voriconazole has been successfully used to treat amoebic infections, even against resistant *Acanthamoeba* strains[12]. Initially, those drugs were chosen because their molecular target, ergosterol was known to be a valid one. Statins inhibit 3-hydroxy-3-methylglutaryl-coenzyme A reductase, an enzyme that catalyse the conversion of HMG-CoA to mevalonate, which is a precursor of cholesterol in vertebrates and ergosterol in fungi and some protozoa such as *Acanthamoeba*[5,20]. Voriconazole is a triazole antifungal agent that causes demethylation of ergosterol. As both drugs act to inhibit different parts of the same ergosterol pathway, we suspected that these 2 drugs may be combined successfully.

Itraconazole has been included in some successful treatment regimens used against skin lesion in a lung transplant patient with disseminated acanthamoebiasis and against *Acanthamoeba keratitis*[14,21]. However, resistance to azoles has been reported.

Acanthamoeba from skin nodules of a fatal cutaneous infection in an HIV patient, was resistant to a combination of drugs with itraconazole *in vitro*[21]. We confirmed that only a weakly amoebicidal effect of itraconazole, so it was discarded for further experiments. We could find only one study in which posaconazole has been used against *Acanthamoeba*, showed a cysticidal activity in clinical and culture collection isolates[9]. This previous study reported minimal cysticidal concentrations [(43.75-52.50) μ M] that are higher than the IC₅₀ found in the present study [(2.56-7.50) μ M]. We have reported that statins and voriconazole lead to the death of *Acanthamoeba* by the activation of programmed cell death[8]. We have also reported that caffeine and maslinic acid also activate programmed cell death but we do not yet know the molecular targets of either drug. It remains to be seen if either caffeine or maslinic acid treatment will allow even lower concentrations of statins, posaconazole or voriconazole to be effective in human therapy[18].

The combination of statins together with voriconazole and posaconazole is more efficient than these drugs by themselves, and these combinations have lower cytotoxicity in mammalian cell lines. We anticipate that treatments based on combinations of statins and azoles will be more effective and better tolerated than present treatment regimens against *Acanthamoeba* infections of humans.

Conflict of interest statement

The authors declare no competing financial interests.

Foundation project

This work was supported by PI18/01380 from Instituto de Salud Carlos III and FEDER, Spain and CTQ2014-55888-C03-01/R (MINECO). MRB: RICET [RD16/0027/0001 project, from Programa Redes Temáticas de Investigación Cooperativa, FIS (Ministerio Español de Salud, Madrid, Spain). IS and ALA were supported by the Agustín de Betancourt Programme.

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